



girl TALK

Summer Workshop Series for Girls
Ages 13 - 19

girlTALK

\$25/1.5-hour group
June - August 2019 | Keller, TX

A summer workshop series providing a place for middle and high school aged girls to connect to their creativity, discover and learn about adolescence.

Our middle and high school groups use various expressive arts techniques to therapeutically enhance emotional growth. Each week will focus on a different part of the adolescent experience using an artistic medium that aligns with the emotional process for that week. No prior artistic skill is needed. These workshops enhance confidence and social connections while providing techniques for dealing with emotions, family issues, body image, social pressures, friendships, cyber bullying, boyfriends, boundaries, anxiety, and self-esteem.

Contact us today for workshop dates & locations!