

# JOURNAL PROMPTS FOR TEENS

Do you act differently online than in real life?

Do you think the town you've grown up in has influenced the person you are?

Would you rather stay up late or get up early?

What is something that you believe in strongly?

What is the most inspiring thing you've ever been told?

What is the greatest responsibility your parents have given you?

Are you good at keeping secrets? Why or why not?

Write about a time when you made a sacrifice for someone else.

If you could vote, would you be a Republican or a Democrat, or Other?

Write about a time when you were surprised.

Choose five symbols or objects that represent you. Why did you choose these things?

How do you tell if someone is telling the truth?

What does it mean to be a family?

What privilege of getting older are you most looking forward to?

How much freedom do you have online?

What inspires you?

Would you ever consider getting a tattoo?

Do you want to have kids when you get older?

Would you rather read a book or watch a movie version of a story?

What is the hardest thing you've ever had to learn?

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Have you ever given something important away?

What would it be like if you could control your dreams?

Where is your favorite place to go when you feel restless?

How do you feel when you work with a team on a group project?

When you get older, what memories from your childhood will you want to recall?

What is the best choice you ever made?

What is the nicest thing you've ever done for someone else?

What does it mean to stand up for what you believe in?

Are you still friends with your friends from kindergarten?

What do you feel when you look back at yourself five years ago?

If you could visit another decade from the past 100 years, which would you choose?

Do you pray?  
Why or why not?

What accomplishment are you the most proud of?

How have you changed since last school year?

Write about a favorite saying or quotation.

Do you think aliens exist?

What is your favorite smell? Why do you like it?

Write a poem about turning 13.

What values will you teach your children?

Where will you be five years from now?

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Which subject in school is the easiest? Which is the hardest?

Would you rather spend the weekend with friends or by yourself?

Should schools require students to wear uniforms?

If you could take a dream vacation, where would you go?

Do you prefer to spend or save money?

How can you share your talents with others?

If you could do anything, what would you do?

Do you think our country's political system works well?

What do you hope your life will be like 10 years from now?

Do you think it's ever okay to lie? What kinds of situations?

How do you feel when you give to others?

Write about a time when you lost something important.

Do you prefer to read classic books or modern literature?

Write a poem about living in America.

How do you contribute to your family?

Should the phrase "under God" be included in the Pledge of Allegiance?

Write about a time when you tried something new.

What are the qualities you would look for in someone you want to date?

What do you think true popularity looks like?

What are three things that you are grateful for today?