

BULLYING & TRAUMA

Having been traumatized leads to an increased likelihood that a person will engage in bullying behavior.

Children who are victims of trauma often have difficulty developing appropriate social skills and are thus more likely to become victims of bullying later in life.

As the number of ACEs increased, the likelihood of adolescent violence related perpetration (including bullying) also increased.

41% of kids who have had at least 3 Adverse Childhood Experiences (ACEs) demonstrate negative behaviors like bullying.

BEING BULLIED CAN LEAD TO PTSD

For all bullied students, 27.6% of boys and 40.5% of girls had PTSD scores within the clinical range.

Those who both bully and are bullied had even worse symptoms.

Because bullying is ongoing and typically goes undetected, many children who are bullied can develop symptoms of PTSD.

Facts provided by NCTSN